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Schedule		November - February		Schedule Changes	
<b>Family / Therapy Swim</b> Sharing the Recreation Pool with CMH PT		Monday-Friday	6am-12pm	<i>AHS Swim Team will be practicing on weeknights, occupying 5 of 6 lanes of the lap pool</i> <i>M/T/W/F - 4-5:30pm</i> <i>Thurs - 3-4:30pm</i> <i>November 14, 2022 through February 3rd, 2022</i>	
<b>Open Play</b> Youth under 13 must be accompanied by adult		Monday-Friday	4pm-7pm		
		Saturday	11am-3pm		
<b>Slide Open</b> Must be 4 feet tall to ride alone		Saturday	12pm-3pm		
<b>Swim Lessons</b> Lessons taught in Recreation & Lap pools		Tues & Thurs	4pm-7pm		
		Saturday	10am-12pm	<i>Please check our website <a href="http://astoriaparks.com">astoriaparks.com</a> and our Facebook page for unexpected and short-notice closures</i>	
<b>Lap Swim</b> 1-4 lanes may be reserved at any given time, please be prepared to share lanes		Monday-Friday	6am-12pm		
		Monday-Friday	4pm-7pm		
		Saturday	11am-3pm		
<b>Aqua Aerobics Class</b> Stretch & Strengthen - novice Water Exercise - advanced		<i>Stretch &amp; Strengthen</i> Wed & Fri	8:30-9:30am		
		<i>Water Exercise</i> Tues & Thurs	7am-8am		
<b>Cardio and Weight Rooms</b> Treadmills, ellipticals, stationary bikes, Free weights, kettlebells, machines, etc.		Monday-Friday	6am-7pm		
		Saturday	11am-3pm		
Admission Prices				Adjusted Hours	
<b>Drop-In Fees Per Day</b> (Family Swim, Open Play, Lap Swim, Aqua Aerobics, Cardio Room, Weight Room)	<b>Youth (3-17)</b>	<b>Adult (18-61)</b>	<b>Family (up to 5 members)</b>	1/5	Lap Pool Closed 4-7pm
	<b>Senior (62+)</b>			1/16	Holiday Hours 9am-1pm
<b>Membership Fees</b> (Family Swim, Open Play, Lap Swim, Aqua Aerobics, Cardio Room, Weight Room) + Free Towel Rentals	<b>Month To Month</b>	Youth/Senior	\$50	1/27	Lap Pool Closed 4-7pm
		Adult	\$65		
		Family	\$85		
	<b>ACH Auto Renewal</b>	Youth/Senior	\$40	2/3	Entire Facility Closed 4-7pm
		Adult	\$55	2/20	Holiday Hours 9am-1pm
	Family	\$75			
<p style="text-align: center;"><b>DISCOUNT</b></p>					
<p>Check us out on Facebook - Astoria Parks &amp; Recreation and on Instagram @astoria_parks</p>					



## Upcoming Sports & Activities

WE HAVE LIMITED SPACES AVAILABLE IN OUR  
**OUT-OF-SCHOOL PROGRAM**  
non-school day & after-school care

NOW ENROLLING FOR  
JANUARY 2023!

FOR CHILDREN IN  
KINDERGARTEN  
THROUGH  
5TH GRADE  
IN THE  
ASTORIA SCHOOL  
DISTRICT



Astoria  
PARKS & RECREATION  
ASTORIAPARKS.COM

FOR MORE INFO  
EMAIL [DDENAKIS@ASTORIA.OR.US](mailto:DDENAKIS@ASTORIA.OR.US)  
CALL 503-325-7027

Astoria  
PARKS & RECREATION

# IS HIRING

## Open Positions

- Lifeguard
- Swim Instructor
- Athletics Official
- Youth Program Counselor



Apply Now

[www.astoriaparks.com](http://www.astoriaparks.com)

# Swim Lessons



Register Now

[www.astoriaparks.com](http://www.astoriaparks.com)



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*we want your feedback!*

**TAKE THE SURVEY**

(SCAN THE QR CODE WITH YOUR PHONE'S CAMERA)

ENGLISH →

